



I was raped . . .

By my uncle when I was 12.

I couldn't tell my parents. I was too embarrassed. The abuse

stopped when we moved away, but that's when the nightmares began. I was angry all the time.

Finally, I told some friends and eventually got into counseling. It's so important to talk about rape, it makes you stronger. My name is Vik. I'm a survivor of rape.

I'm not embarrassed by it.

It's part of who I am.

It doesn't define who I am.

TAASA

Texas Association Against
Sexual Assault

Speak up. Speak out.

1-800-656-HOPE taasa.org

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