

TEXAS **PREVENTION** SUMMIT

• TRANSFORMING COMMUNITIES •

june 29-july 1 • westin at the domain • austin, tx

## WELCOME

Dear World Changers,

Bienvenidos and welcome to the Texas Prevention Summit 2015: Transforming Communities. Where TAASA and TCFV come together once again to deliver an amazing training opportunity to further hone your expertise in prevention of sexual and intimate partner violence in your local communities.

Our work to end sexual and domestic violence has yielded insightful and lasting lessons. One rises to the top; no one should go it alone.

Just as survivors require various forms of support to thrive, our communities are transformed when we combine the expertise gained by preventioneers in both fields of domestic and sexual violence prevention. TCFV and TAASA apply this lesson and stand with a shared mission and purpose as we host this summit.

This year's summit includes a wide variety of opportunities for learning, building community, and celebrating successes. The microskill sessions cover new tools that can be put to use immediately. The conference workshops include information, skill-building, and strategies specific to both agency leadership and frontline prevention workers. Our plenary presentation features creative arts to inspire change. There will also be time to share challenges, resources, and success stories with your peers from across the state.

We ask you to take a moment during the conference to 'Say it Forward' - record a bit of advice or encouragement to your fellow prevention workers. The Say it Forward video project seeks to spread the inspiration gained from our being together in this community of practice.

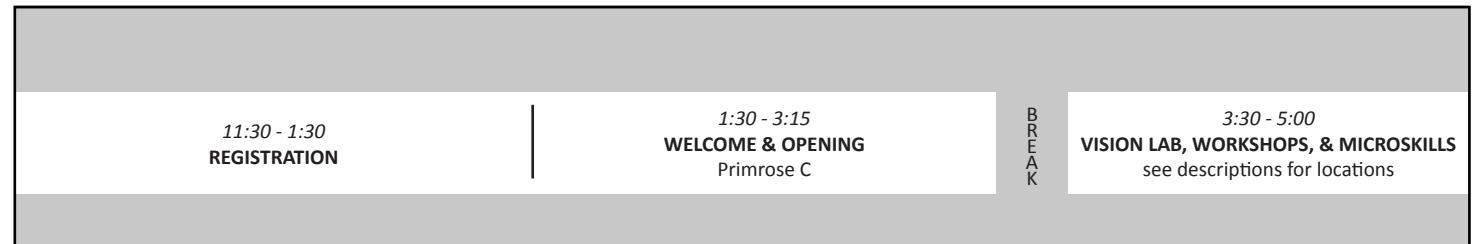
We trust that you'll find new skills, connections, and inspiration to bolster your important work of transforming communities. We thank you for all you do to prevent domestic and sexual violence in Texas, and look forward to continuing to support those efforts through our own efforts as your state coalitions.

In Unity,



## SCHEDULE AT A GLANCE

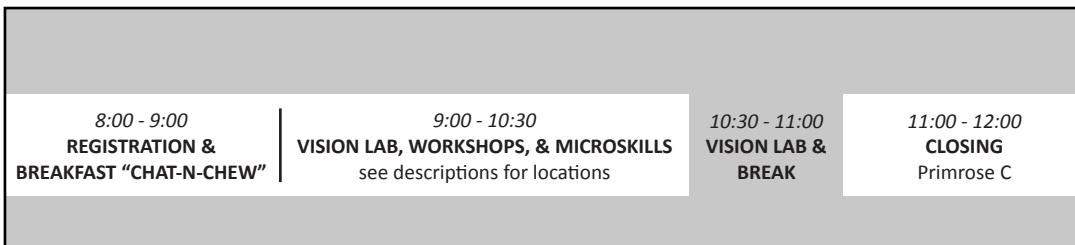
DAY 1



DAY 2



DAY 3



**WORKSHOP DESCRIPTIONS****Space: The Neglected Frontiers***Jessica Moreno and Ted Rutherford*

Lantana A (1.5 CEUs)

Many of us work to engage and support youth as leaders in prevention. This workshop will address what facilitators can do to construct a physical and emotional space that fosters youth leadership. We will also address some of the obstacles youth face in becoming leaders, including assessing facilitator blind spots.

**Making the Case for Prevention***Alesha Istvan and Tim Love*

Lantana B (No CEUs)

With the high prevalence of sexual and domestic violence in our communities and within our families, it can be challenging to cultivate interest and resources specifically for prevention work. This workshop will give agency leadership an opportunity to examine ways to balance crisis intervention, advocacy, and prevention efforts. Attendees also will learn strategies for energizing agency and community leadership for prevention efforts.

**Prevention Theory and Practice****Part 1 & 2***María Limón and Tim Love*

Lantana A (1.5 CEUs per session)

This two-part workshop highlights the impressive body of knowledge developed in the field of prevention and offers perspectives on how prevention theory can be applied to create lasting change. Participants will engage with their peers in activities to distinguish types of prevention work, consider how we can change the behavior and social norms that perpetuate sexual and domestic violence, and review strategies for strengthening relationships with community members.

**Day 1: 3:30 - 5:00****WORKSHOP DESCRIPTIONS****Engaging Through Listening****Part 1 & 2***Josie Serrata and J.J. Lara*

Lantana B (1.5 CEUs per session)

**PART 1** - This session will focus on sharing Casa de Esperanza's community engagement strategy called Fuerza Unida (Strength United), which focuses on working closely with communities as agents of change. Fuerza Unida encourages individuals to think critically about their approach to community engagement and the process that will be most effective for their organizations and communities. This session will provide the foundational understanding of community engagement needed to do such work.

**PART 2** - Building on session 1, the presenters will share tools from the Fuerza Unida community engagement approach to engage women, men, and youth to end violence and oppression. This includes toolkits for engaging men, youth leadership, and leadership development strategies for Latino survivors of violence. Fuerza Unida is a process that reflects the simple, powerful principles that guide the work of Casa de Esperanza and its National Latino Network for Healthy Families & Communities.

**Leadership as Co-Creative and Relational***Dr. Martha Ramos Duffer*

Plumeria A (1.5 CEUs)

**Day 2: 1:30 - 3:00**

This workshop will explore the research on leadership styles and the primary theories of leadership, and thus help develop a deeper understanding and more skills to utilize the most effective leadership approaches for a given situation and will include a particular focus on Transformational Leadership, Engaging Leadership, and Appreciative Inquiry.

**WORKSHOP  
DESCRIPTIONS****Qualitative Research:  
Asking the Right Questions**

*Susan Harness*  
Plumeria B (1.5 CEUs)

This interactive session will explore which groups and communities are most affected by social issues, as well as provide a brief history as to why social issues appear more often in these communities. We will discuss the effectiveness of qualitative research methods to learn about marginalized people's lives and needs as well as introduce qualitative research methods, such as word lists, focus groups, and interviewing.

**Texas Prevention Fishbowl**

*Courtney Butts and Crystal Garcia-Ward*  
Lantana A (No CEUs)

This fishbowl features a conversational look at the dynamics of prevention work throughout the state of Texas. During this interactive session participants will hear from two seasoned preventioneers, one from an urban and one from a rural community, who will share their real-world prevention experiences, challenges, and successes.

**Race Roundtable**

*Sherwynn Patton and Kim Patton*  
Lantana B (No CEUs)

In order to end domestic and sexual violence, we must address other inequities such as those based on gender, sexual orientation, and race. In this workshop, skilled facilitators will utilize a restorative justice model of dialogue to guide participants as they specifically focus on analyzing racism's impact on our communities and on our work.

**Day 2: 1:30 - 3:00****WORKSHOP  
DESCRIPTIONS****Self-care for Leaders**

*Dr. Martha Ramos Duffer*  
Plumeria A (1.5 CEUs)

We will incorporate research on leadership presence and relationship skills to equip participants to move powerfully and effectively as leaders within their organizations. Participants will learn leadership habits and behaviors that will foster their ability to successfully engage their teams in fulfilling their organizations' missions, while also learning self-care strategies to effectively navigate the challenges of leadership.

**Day 2: 3:30 - 5:00****Qualitative Research:  
Understanding the Conversations**

*Susan Harness*  
Plumeria B (1.5 CEUs)

Participants will create a focus question, practice gathering information using the qualitative research activities, and learn how to recognize, organize, and code data for interpretation. This interactive workshop also will address how qualitative research has led to significant social transformation in communities.

**Day 2: 3:30 - 5:00****Community Engagement for  
Prevention**

*Shelli Collins*  
Lantana A (1.5 CEUs)

Fostering strong relationships is a key component of successful community. By putting community members at the center of our primary prevention efforts, we increase the likelihood of successful programming, building strong community networks, producing community leaders, and transforming environments. This interactive workshop will focus on the importance of being creative as we build relationships in our prevention efforts.

**Day 2: 3:30 - 5:00****Day 2: 3:30 - 5:00****Day 3: 9:00 - 10:30**

WORKSHOP  
DESCRIPTIONS

**Engaging Youth Leadership**

*Sarah Ambrus and Christine Simpson*

Lantana B (1.5 CEUs)

This interactive workshop will focus on engaging youth as change leaders and offer insight as to how to create lasting change in school culture. Using the issue of bullying in schools as a model, we will explore the option of building ownership in young people, as well as offer practical advice on proactively teaching empowerment in others.

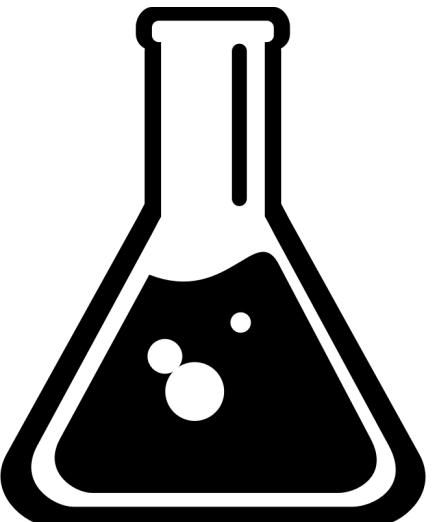
VISION LAB

Continuing with the theme of transforming communities, TCFV and TAASA have created (or constructed) an interactive vision lab where participants can use their creativity to re-envision Texas communities. Art supplies, prompts, and designated space will be provided for this hands-on visioning experience. We invite you to participate and to revisit the lab throughout the summit to see its transformation.

LAB HOURS: Day 1      3:30 - 5:00

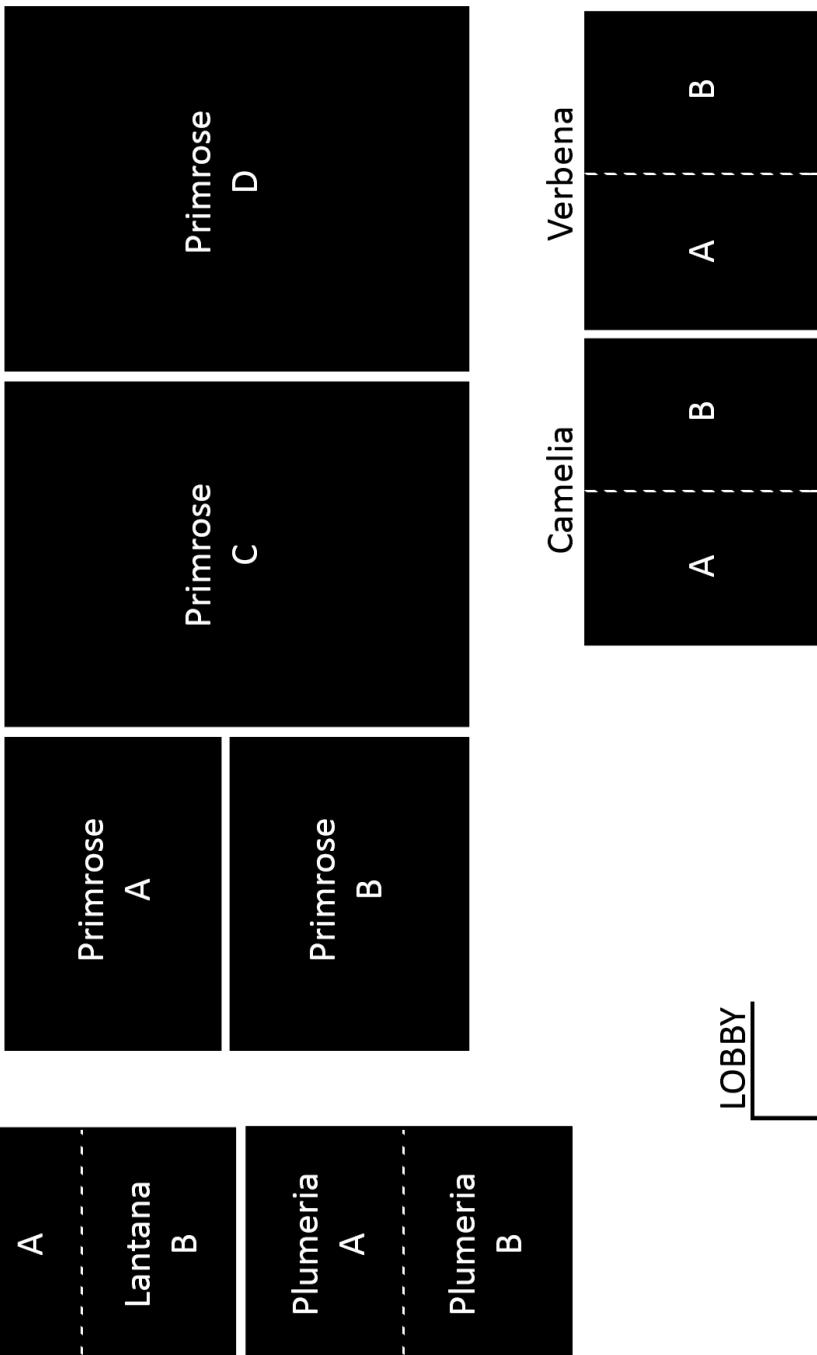
Day 2      10:30 - 12:00  
              1:30 - 5:00

Day 3      9:00 - 11:00



**Day 3: 9:00 - 10:30**

HOTEL MAP



**MICROSKILLS  
DESCRIPTIONS**

**Microskills are 40 minutes in length and will be presented twice in each block with a 10 minute break in between.**

**Community Mapping**

*Emiliano Diaz de Leon*

Plumeria A (.66 CEUs)

How do you know where to make a difference if you don't have a strong awareness of the community in which you want to work? By mapping your community, you REALLY get to know about the people, institutions, and environment around you. Master your mapping skills and get to know your community on a whole new level!

**Stakeholder Meetings**

*Rita Flores*

Plumeria B (.66 CEUs)

In a climate of shrinking resources and greater need for collaboration, it is essential to be able to plan and execute a well-designed stakeholder meeting. Authentically engaging key stakeholders can be tricky and can backfire if not done carefully. Join Rita Flores as she shares tips to plan and execute a productive stakeholder meeting. Leave this workshop with the skills necessary to avoid the pitfalls of a hastily designed stakeholder meeting.

**Photo Voice:  
A Tool to Highlight Youth  
and Community Perspectives**

Maya Pilgrim

Plumeria A (.66 CEUs)

If a picture is worth a thousand words, why not use pictures to engage youth and their influencers in sexual violence prevention? Learn about utilizing Photo Voice and practice with your colleagues.

**\*If you have a smartphone, please download the "Cluster" app prior to the workshop.**

**Day 1: 3:30 - 5:00****MICROSKILLS  
DESCRIPTIONS**

**Deconstructing Gender:  
A Drama-Based Approach**

*Meg Greene*

Plumeria B (.66 CEUs)

In this workshop participants will consider the following: How do we learn gender? What messages do we receive about gender – from friends, family, community, and society? How can we (re)imagine our gender? Through drama-based strategies and dialogue we will identify the messages we receive and their impact on our lives. Youth members of the Changing Lives ensemble will join us for this session to engage participants in an intergenerational experience.

**Planning for the Long Term:  
A Tool for Assessing Program Capacity  
for Prevention Work**

Alesha Istvan

Plumeria A (.66 CEUs)

How can we realistically create social change within our resource constraints? Unrealistic expectations and stretching ourselves too thin can lead to burn out and feelings of failure. Starting from where we are creates opportunities for long term success and sustainability. This session will introduce a program capacity assessment tool and will provide participants the opportunity to begin thinking about how to incorporate this kind of assessment into their on-going prevention work.

**Activity-Based Assessment:  
Capturing the Magic**

*Maya Pilgrim*

Plumeria B (.66 CEUs)

How can we capture the magic that happens during an activity that is rarely reflected on traditional pre- and post-tests? In this workshop, we will introduce and practice at least two ways of assessing the success of an activity in unique ways that capture more qualitative, valuable information.

**Day 2: 10:30 - 12:00****Day 3: 9:00 - 10:30****Day 3: 9:00 - 10:30**

## SPEAKER BIOGRAPHIES

**The Changing Lives Youth Theatre Ensemble** is a unique and exciting program that SafePlace and Creative Action created to train youth leaders to generate their own creative solutions to societal issues. For over 9 years, the Changing Lives Youth Theatre Ensemble has toured schools, conferences, and community events all across Austin and the surrounding areas to spark dialogue about teen relationships and encourage youth to take a stand against dating violence, sexual harassment, and bullying.

**Sarah Ambrus** has Bachelor's degree from Texas A&M University and has worked as a teacher at Leander High School for six years. She is the sponsor of C-Squared (a student-run anti-bullying organization) and was named the 2015 "Young Hearts Matter" Advocate of the Year by the Texas Council on Family Violence. Sarah is the co-author of the book, *Riding Shotgun: Empowering Students to Lead Change*.

**Courtney Butts, LMSW**, is the Program Director at The Family Place Be Project. In 2007, she obtained a Bachelor's degree in Psychology from The University of Wisconsin Oshkosh. After moving to Dallas, Courtney obtained her Master of Social Work degree at the University of Texas Arlington. Courtney has worked to prevent relationship violence since 2006.

**Shelli Collins** is the Program Director for FamilyTime Crisis and Counseling Center in Humble, TX. Shelli is a feminist who has been working with survivors of sexual and domestic violence for over 15 years. Prior to working at FamilyTime, she was a case manager in the Supportive Housing Program at SafePlace in Austin. She earned a Bachelor's degree from Colorado State University in Sociology with an emphasis on Criminology.

**Susan Devan Harness, MA**, is the Field Director at the Tri-Ethnic Center for Prevention Research at Colorado State University in Fort Collins, Colorado. She is a member of the Confederated Salish Kootenai Tribes. Her current research explores American Indian youth's attitudes, beliefs, and behaviors related to substance use within a social context.

## SPEAKER BIOGRAPHIES

**Emiliano Diaz de Leon** is the Men's Engagement Specialist at Texas Association Against Sexual Assault (TAASA). After more than a decade of experience working for several domestic and sexual violence centers across Texas, in 2008 Emiliano joined TAASA. He provides training and technical assistance on primary prevention of sexual violence to Rape Prevention Education grantees throughout the state, founded and co-coordinates the Mobilizing Men Task Force, and serves on the Casa de Esperanza's Policy Advisory Council.

**Rita Flores** is a Family Violence Services Coordinator at the Texas Council on Family Violence where she provides support to service providers across the state. Most recently, she was the Prevention Manager at STAND! For Families Against Domestic Violence, a domestic violence program in Northern California. With 18 years of non-profit experience, Rita has dedicated her professional career to advancing social justice issues and has worked in all levels of domestic violence programing from advocacy to residential services management. Rita received her Bachelor's Degree in Psychology from Texas State University.

**Crystal M. Garcia-Ward** is the Director of Community Outreach and Engagement at the Concho Valley Rape Crisis Center. Crystal helps co-chair the Diversity Task Force for the Texas Association Against Sexual Assault and was the recipient of the 2013 Community Engagement Award. She serves on the steering committee for CV Cares Coalition, on the board of directors for the CV Health and Social Resources Coalition, and as the current president of the Tom Green County Coalition Against Violence. She received a Bachelor of Science in Health from Texas Tech University and studied Rehabilitation Counseling at the graduate level at Texas Tech Health Sciences Center.

**Meg Greene** is an educator, writer, and community-based theatre artist. She earned her MFA in Drama and Theatre with Youth and Communities from the University of Texas at Austin. As a prevention educator she works in schools and communities using theatre strategies to activate healthy relationship education. Meg loves to create art with youth that challenges, takes risks, and asks big questions.

## SPEAKER BIOGRAPHIES

**Sophi Hopkins** is a professional educator and playwright. She holds a BA in Playwrighting from Hampshire College, Amherst, Massachusetts and a MA in Theater Education from Emerson College, Boston, Massachusetts. She is a seasoned educator with experience in running, growing, and developing curricula for theatre programs. At Creative Action, she is the director of Outside the Lines Youth Theatre Ensemble for LGBTQ and Allied youth. She is also responsible for overseeing program development and Teaching Artists for the middle school/high school classes, four teen programs, and evaluation systems. She currently serves on the Conference Committee for PYTA (Pride Youth Theatre Alliance) as well as worked as a mentor for students in the Designs for Instruction at UT Austin this year.

**Alesha Istvan** is the Prevention Director at the Texas Council on Family Violence where she oversees the agency's domestic violence prevention efforts and supports the work of family violence prevention programs across the state. She has worked as a victim's advocate, research assistant, and college lecturer. Most recently, she was the Executive Director at the Sexual Assault Resource Center in Bryan, Texas. She received a BA in Philosophy and Political Science from SUNY Stony Brook and an MA in Women's Studies from the University of Memphis. She currently is completing a PhD in Sociology at Texas A&M University.

**Jose Juan Lara, Jr., MS**, has been involved in the movement against gender violence since 1999 in Texas and has facilitated workshops at national, state, and local conferences on crisis intervention, systems advocacy for victims of family and sexual violence, and LGBTQ victims of interpersonal violence and is currently a trainer for the National Latin@ Network.

**Shasparay Lighteard** is the 2015 Austin, Texas NAACP ACT-SO poetry contest winner who will represent Austin at the NAACP National ACT-SO completion in Philadelphia. She is the 2014 #2 female youth poet in the world, the 2014 They Speak Youth Slam champion, and deemed #2 ranking youth poet in Texas in 2013. She is a native Texan and is a senior at Round Rock High School. She is a founding member

## SPEAKER BIOGRAPHIES

of Zach's musical theater Pre-Professional Company. Shasparay is also a published author of "Say it with Your Chest," a book of her original poems that is available in print and online. She is a Global Youth Peace Leader for the Amala Foundation and volunteers with them regularly.

**María Limón** has experience in organizing communities for a diverse range of issues, from directing Informe: SIDA, the first bilingual HIV education project in Austin, to halting the construction of a nuclear waste dump over a crucial aquifer, to helping Artistas Indígenas, an indigenous women's arts-for-social-change project. She worked as an advocate with the National Hotline and went on to become the Training Coordinator for the National Hotline and the National Teen Dating Abuse Helpline. María is currently a prevention coordinator with the Texas Council on Family Violence where she works with the team to develop the Prevention Coaching Group and provide targeted technical assistance and training to prevention workers across the state.

**Tim Love** is the Prevention Programs Director at the Texas Association Against Sexual Assault (TAASA). His seventeen years of non-profit experience working on various issues has given him a unique understanding of the connection between violence and the underlying conditions that can lead to it. He has spent the last twelve years in the anti-sexual violence movement. He worked for over two years at a rape crisis center facilitating prevention education. Tim has worked at TAASA for the last nine years, providing training and technical assistance, and developing materials to support the prevention efforts of rape crisis centers and their community partners, as well as helping to advance the statewide conversation about ending sexual violence.

**Jessica Moreno, LCSW**, is a prevention coordinator at the Texas Council on Family Violence. She started her work as a young person mentored by preventionists, and has spent the past 10 years in the field as a public speaker, advocate, adolescent counselor, and adult ally working to engage young people as leaders in the prevention of gender-based violence.

## SPEAKER BIOGRAPHIES

**Sherwynn and Kim Patton** are the Program Director and Executive Director respectively of Life Anew, a program that uses restorative justice to build healthier communities, promote peace, and create a space to heal. They lead cultural awareness trainings, reconciliation/diversity circles, and a battering intervention program. Sherwynn has served as the Missions Pastor at Greater Mt. Zion Baptist Church where he developed programs to address poverty, teen pregnancy, fatherlessness, and economic empowerment. Kim received her Master of Arts degree in Sociology from Prairie View A&M University and has worked as a counselor with incarcerated individuals.

**Maya Pilgrim** is the Primary Prevention Specialist at the Texas Association Against Sexual Assault. She has worked towards more fair and just communities within the United States and abroad through the connected fields of youth development and violence prevention, reproductive and economic justice, program evaluation, community mobilizing, and migration. She has a Bachelor's in Psychology and a Master's in International Development and Social Change.

**Martha Ramos Duffer**, PsyD, is a licensed clinical psychologist, motivational health and wellness speaker, multicultural competence trainer, and organizational consultant. She has taught at several universities, served as the Executive Director of a community based non-profit organization focused on social and economic justice, provided psychological services through various agencies, hospitals, and her own private practice, and consulted with numerous organizations. Dr. Ramos Duffer has become a sought after speaker, consultant and trainer in the areas of productivity, leadership, organizational health and effectiveness, building anti-racist multiculturally competent organizations, and wellness.

**Ted Rutherford** is the Texas Association Against Sexual Assault's (TAASA) Prevention Programs Specialist. Ted uses his experience and creativity to build capacity with rape crisis centers across Texas. In 2006, he began working in the anti-violence field at Austin's SafePlace and went on to play a key role in developing major prevention initiatives like Choose Respect, Texas PEACE Project, and Break the

## SPEAKER BIOGRAPHIES

Box. Ted serves as the co-chair of TAASA's Mobilizing Men Task Force and a member of the College Alliance for Nonviolence.

**Josephine (Josie) V. Serrata**, PhD is a clinical community psychologist and assistant director of research at the National Latin@ Network for Healthy Families & Communities. Her research and evaluation work are embedded in practices that are culturally affirming and community driven. Her research and evaluation are grounded in community capacity.

**Christine Simpson** has a Bachelor's degree from the University of Texas at San Antonio and a Master's degree from Texas State University. She has worked in education for 15 years and is the principal of Leander Middle School. She is the founder of C-Squared, a student-run anti-bullying organization, and the co-author of the book, *Riding Shotgun: Empowering Students to Lead Change*.

PLENARY  
DESCRIPTION

**Spoken Word Performance - Shasparay Lighteard**

Primrose C

**Changing Lives Youth Theatre Ensemble's Breaking Up with Ever After**

Primrose C

The Changing Lives Youth Theatre Ensemble is a collaboration between Creative Action and SafePlace. In this program, teen artists and activists use theatre as a tool to spark dialogue about teen relationships and encourage youth to take a stand against dating violence, sexual harassment, and bullying. Their original play, Breaking Up with Ever After, addresses the unrealistic expectations that fairy tales teach us about relationships, especially the idea that we'll magically meet "the ONE" and live "Happily Ever After."

**Changing Lives Youth Theatre Ensemble Presenters & Performers:**

Sabeen Noorani, Wesley Bryant, Jackson Brooks, Illyana Runnels, Alejandra Saenz, Michael Bradley, Hollie Buford, Brooke Fluker, Becca Halaney, and Jennifer Silva



CONTINUING  
EDUCATION  
UNITS

The Texas Prevention Summit offers CEUs for Social Work, Licensed Professional Counselors, and Licensed Marriage and Family Therapists. CEUs for CEU eligible workshops are listed next to their descriptions in this summit program. **Please note that CEUs are not available for every workshop.** Following the summit, an online evaluation will be emailed to all participants. After completing the evaluation, participants will be able to download a summit certificate and fill in their total CEUs completed. Please note that in order to receive CEU credit, participants must sign in to every CEU eligible workshop they attend.

CHAT-N-CHEW

Early risers grab breakfast and join your fellow preventioneers in **Plumeria B** for a chat-n-chew. Gather over breakfast to chew over the unique challenges adults face when engaging youth in prevention settings. How do we lead sessions without abusing our power? What is challenging? What drives us crazy? We'll support each other in our efforts to build just and liberating learning environments.

"SAY IT FORWARD"  
VIDEO PROJECT

"Pay it Forward" is an expression used to describe the action of doing a good deed for someone as a way of repaying a good deed that someone else did for you. Rather than "paying it back" to the person who did the good deed for you, you "pay it forward" to a new person with the encouragement to do the same.

From this, the "Say It Forward" Video Project was born. "Say It Forward" is an opportunity for you to repay all the people that have helped you along your journey as a prevention educator (regardless of how long or short that journey has been) by offering some wisdom, advice, or encouragement that will uplift and inspire your fellow prevention educators. So don't leave us hangin'! Take a moment to get with Ted Rutherford or Lexi Martinez and record your short "Say It Forward" video anytime during the summit. After the summit, we will create a final, polished video and send to all summit attendees.

BRAG BOARD

In the spirit of transforming communities, we want to celebrate and share your achievements with others. The Texas Prevention Summit Brag Board is a collective display of creative prevention ideas, events, activities, and programming products submitted from preventioneers across the state. We invite you to visit the Brag Board in **Primrose C** to see what's been happening in Texas communities and add your own brag worthy examples to the display!

PREVENTION  
SOCIAL EVENT

**Fun Times!**

*Punch Bowl Social*

11310 Domain Dr, Austin, TX 78758

Come out and play! Grab a cool drink and healthy eats, sing karaoke, go bowling, or play darts, shuffle board, billiards, and ping pong—it's your choice at Punch Bowl Social. Located a short distance from the conference site, all these activities are available at hourly prices. The event begins at 6pm. Feel free to stay as long as you like.



**Day 1: 6:00 - 8:00**

SOCIAL  
MEDIA

Social media is an arena in which conversations and commentary about gender, race, sexual orientation, individual rights, and violence are occurring and reaching wide audiences, often times in a problematic and harmful way. We believe social media engagement is also a valuable opportunity in this work to shift community and societal level norms and create an environment where sexual and domestic violence is less likely to happen.

As such, we strongly encourage you to share the good thinking, commentary, "aha" moments, and wisdom that inspires you during the summit across the social media platforms you use. Please use the hashtag **#TXPrevention2015** on all your posts.

Enhance your Texas Prevention Summit experience with Twitter:

- Follow @TAASA & @TCFVPrevention for updates from the summit.
- Monitor hashtag #TXPrevention2015 to connect with others at the summit.
- End your Tweets from the summit with hashtag #TXPrevention2015 to join the conversation.
- Retweet content from @TAASA & @TCFVPrevention that you think will be of interest to your followers.
- Tweet before, during, and after the summit to let your followers know that you attended the Texas Prevention Summit.

CONFERENCE  
MATERIALS

To access presentation materials, visit the following link:  
<http://www.tcfv.org/texas-prevention-summit-2015/presentation-materials>



TEXAS ASSOCIATION AGAINST SEXUAL ASSAULT

